

**THE RELATIONSHIP BETWEEN HUSBAND SUPPORT AND
MENOPAUSE SYNDROME AMONG PERIMENOPAUSAL WOMEN IN
THE WORKING AREA OF THE SADEWATA VILLAGE AUXILIARY
HEALTH CENTER**

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ABSTRACT

Menopausal syndrome is a collection of physical, psychological, somatic, and urogenital symptoms commonly experienced by women during perimenopause due to hormonal changes. If not properly managed, these symptoms may reduce comfort, interfere with daily activities and interpersonal relationships, and decrease women's quality of life. One social factor that may help women adapt to these changes is spousal support. This study aimed to determine the relationship between spousal support and menopausal syndrome among perimenopausal women in the working area of the Sadewata Village Auxiliary Health Center. This study used a quantitative method with a correlational analytic design and a cross-sectional approach. The sample consisted of 63 perimenopausal women who were proportionally selected from several hamlets in Sadewata Village. The instruments used were a spousal support questionnaire and the Menopause Rating Scale (MRS). Data were analyzed using univariate and bivariate analyses with the Spearman Rank correlation test. The results showed that most respondents received supportive spousal support, totaling 59 respondents (93.7%). Most respondents experienced moderate menopausal syndrome, totaling 32 respondents (50.8%), followed by severe menopausal syndrome in 25 respondents (39.7%), mild menopausal syndrome in 3 respondents (4.8%), and no symptoms in 3 respondents (4.8%). The Spearman Rank test yielded a p-value of 0.000 (<0.05) and a correlation coefficient of 0.530. These findings indicate that there is a significant relationship between spousal support and menopausal syndrome among perimenopausal women in the working area of the Sadewata Village Auxiliary Health Center, with a moderate correlation strength.

Keywords: *Spousal support, Perimenopausal, Perimenopausal Women, Menopausal Syndrome, Menopause Rating Scale.*