

ABSTRAK

Andri Kurniawan. 82352425006. Pengembangan Kinerja Guru PJOK dalam Meningkatkan Prestasi Sepak Bola Peserta Didik (Studi Kasus pada SD Negeri di Gugus Hasanudin Kecamatan Wanareja Kabupaten Cilacap).

Penelitian ini dilatarbelakangi oleh kondisi kinerja guru PJOK yang belum merata di Gugus Hasanudin Kecamatan Wanareja Kabupaten Cilacap, sehingga berdampak pada belum optimalnya prestasi sepak bola peserta didik. Tujuan penelitian ini adalah untuk menganalisis dan mendeskripsikan kinerja guru PJOK, strategi pengembangan kinerja guru PJOK, serta dampak pengembangan kinerja guru PJOK terhadap peningkatan prestasi sepak bola peserta didik di Gugus Hasanudin Kecamatan Wanareja Kabupaten Cilacap. Metode penelitian yang digunakan adalah deskriptif kualitatif dengan pendekatan studi kasus. Teknik pengumpulan data dilakukan melalui observasi, wawancara mendalam, dan dokumentasi, serta triangulasi sebagai teknik keabsahan data. Informan penelitian meliputi pengawas gugus, kepala sekolah, dan guru PJOK di lima SD Negeri dalam gugus. Teknik analisis data meliputi reduksi data, penyajian data, dan penarikan simpulan. Hasil penelitian menunjukkan bahwa: (1) kinerja guru PJOK bervariasi antar sekolah pada tiga aspek yaitu perencanaan, pelaksanaan, dan penilaian pembelajaran, di mana sekolah dengan kinerja terbaik telah menyusun modul ajar yang operasional, menerapkan metode berbasis permainan yang terencana, dan menggunakan rubrik penilaian terstandar, sementara sebagian sekolah lainnya masih menghadapi berbagai keterbatasan; (2) strategi pengembangan kinerja guru yang efektif mencakup peningkatan kompetensi secara aktif dan mandiri, penerapan metode inovatif termasuk latihan spesifik per posisi, optimalisasi sarana prasarana secara kreatif, dan program ekstrakurikuler yang terstruktur dengan integrasi aspek fisik, teknik, taktik, dan mental; (3) dampak pengembangan kinerja guru berbanding lurus dengan prestasi kompetisi, namun hubungan keduanya bersifat multidimensional karena lemahnya aspek mental bertanding dan pemahaman taktis dapat menghambat konversi kemampuan teknis menjadi prestasi yang optimal.

Kata Kunci: Kinerja Guru PJOK, Prestasi Sepak Bola

ABSTRACT

Andri Kurniawan. 82352425006. *Development of Physical Education Teacher Performance in Improving Students' Soccer Achievement (A Case Study at Public Elementary Schools in Hasanudin Cluster, Wanareja District, Cilacap Regency)*

This research is motivated by the uneven condition of physical education (PJOK) teachers' performance at Hasanudin Cluster, Wanareja District, Cilacap Regency, which has contributed to the suboptimal soccer achievement of students. The purpose of this study is to analyze and describe the performance of PJOK teachers, the strategies for developing PJOK teacher performance, and the impact of such development on improving student soccer achievement. The research method used is descriptive qualitative with a case study approach. Data were collected through observation, in-depth interviews, and documentation, with triangulation as a data validity technique. Research informants included cluster supervisors, school principals, and PJOK teachers from five public elementary schools in the cluster. Data analysis techniques included data reduction, data presentation, and conclusion drawing. The results show that: (1) PJOK teacher performance varies across schools in three aspects: learning planning, implementation, and assessment, where the best-performing school has developed operational lesson modules, applied structured game-based learning methods, and used standardized assessment rubrics, while other schools still face various limitations; (2) effective teacher performance development strategies include active and independent competency improvement, application of innovative methods including position-specific training, creative optimization of facilities, and structured extracurricular programs integrating physical, technical, tactical, and mental aspects; (3) the impact of teacher performance development is directly proportional to competitive achievement, yet the relationship is multidimensional, as weaknesses in competitive mentality and tactical understanding can hinder the conversion of technical skills into optimal performance.

Keywords: PJOK Teacher Performance, Soccer Achievement