

DAFTAR PUSTAKA

- Anggraini, T. P., dkk. (2025). *Hubungan Penggunaan Gadget dengan Perkembangan Emosional pada Anak Usia Sekolah di SDN 01 Sambiroto Kota Semarang*.
- APJII. (2024). *Profil Internet Indonesia 2024*. Asosiasi Penyelenggara Jasa Internet Indonesia.
- Azriasih, P., dkk. (2024). *Pengaruh Penggunaan Gadget terhadap Perkembangan Sosial Anak Usia 5–6 Tahun*.
- Choi, Y., et al. (2021). Association between screen overuse and behavioral and emotional problems in elementary school children. *Journal of Korean Medical Science*.
- Hosokawa, R., & Katsura, T. (2018). Association between mobile technology use and child adjustment in early elementary school age. *PLoS ONE*, 13(7), e0199959.
- Huang, P., et al. (2024). Screen time, brain network development and socio-emotional competence in childhood: Moderation of associations by parent–child reading.
- Jannah, N., dkk. (2023). *Hubungan Penggunaan Gadget dengan Interaksi Sosial dan Emosional Anak*.
- Kamilla, R., & Putri, D. (2024). *Kecanduan Gadget dan Regulasi Emosi pada Anak Usia Sekolah*.

- Kurnia, S. D. (2025). *Pengaruh Penggunaan Gadget terhadap Perkembangan Sosial Emosional Anak SD*.
- Lourenço, O. (2023). Piaget's theory of cognitive development: An overview and reflection. *Educational Psychology Review*.
- Lutfitasari, N., dkk. (2024). *Perkembangan Sosial Emosional Anak Usia Sekolah Dasar dalam Era Digital*.
- Mannikkö, N., et al. (2026). Device-specific and contextual patterns of screen use: Links to emotional and behavioral outcomes in early childhood.
- Nurhidayah, I., et al. (2026). Screen time matters: The impact of screen time on the risk of personal–social development outcomes among preschool children in Indonesia: A cross-sectional study.
- Nurbani, S., & Mashudi. (2023). *Dampak Paparan Gadget terhadap Perkembangan Sosial dan Emosional Anak*.
- Nursalam. (2020). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis* (5th ed.). Jakarta: Salemba Medika.
- Orenstein, G. A., & Kaur, M. (2026). Erik Erikson. In *StatPearls*. Treasure Island (FL): StatPearls Publishing.
- Pratama, A., dkk. (2022). *Pengaruh Penggunaan Gadget terhadap Perilaku Emosional Anak Sekolah*.
- Rahmawati, D., dkk. (2023). *Hubungan Penggunaan Gadget dengan Interaksi Sosial Anak Usia Sekolah*.

Sari, M., dkk. (2024). *Penggunaan Gadget dan Dampaknya terhadap Perkembangan Sosial Emosional Anak*.

Twenge, J. M., & Campbell, W. K. (2018). Associations between screen time and lower psychological well-being among children and adolescents: Evidence from a population-based study. *Preventive Medicine Reports*, 12, 271–283.

WHO. (2021). *Guidelines on Physical Activity, Sedentary Behaviour and Sleep for Children Under 5 Years of Age*. World Health Organization.