

ABSTRAK

Siti Rohmah Anjani. **PSIKOLOGI SASTRA DALAM NOVEL 3726 MDPL KARYA NURWINA SARI (Alternatif Pengayaan Bahan Ajar Menulis Teks Ulasan). Skripsi, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Galuh. Juni 2026.** Penelitian ini bertujuan mendeskripsikan psikologi sastra dalam novel 3726 MDPL karya Nurwina Sari serta pengembangannya sebagai bahan ajar pengayaan menulis teks ulasan. Metode yang digunakan adalah deskriptif kualitatif dengan pendekatan psikologi sastra. Analisis data menggunakan teori psikoanalisis Freud (Id, Ego, Superego) dan teori kepribadian Jung sebagai perspektif komplementer, serta prinsip bahan ajar Prastowo sebagai acuan pengembangan. Hasil penelitian menunjukkan bahwa ketiga dimensi kejiwaan termanifestasi secara nyata yakni, Id melalui perilaku impulsif tokoh, Ego melalui pengambilan keputusan rasional, dan Superego melalui pengendalian diri berdasarkan norma moral. Temuan ini diwujudkan dalam bahan ajar berbasis flipbook digital interaktif yang memenuhi prinsip relevansi, konsistensi, dan kecukupan. Disimpulkan bahwa novel ini layak dijadikan bahan ajar pengayaan bagi siswa Fase F SMA. Penelitian selanjutnya disarankan melakukan uji validasi dan efektivitas melalui pendekatan R&D.

Kata Kunci: Psikologi Sastra, Novel 3726 MDPL, Psikoanalisis Freud, Bahan Ajar, Teks Ulasan.

ABSTRACT

Siti Rohmah Anjani. **LITERARY PSYCHOLOGY IN THE NOVEL 3726 MDPL BY NURWINA SARI (AN ALTERNATIVE ENRICHMENT OF REVIEW TEXT WRITING TEACHING MATERIAL). Thesis, Faculty of Teacher Training and Education, Galuh University. June 2026.** This study aims to describe the literary psychology in the novel 3726 MDPL by Nurwina Sari and its development as enrichment teaching material for review text writing. A qualitative descriptive method with a literary psychology approach was employed. Data were analyzed using Freud's psychoanalytic theory (Id, Ego, and Superego) alongside Jung's personality theory as a complementary perspective, and Prastowo's teaching material principles as the development framework. The findings reveal that all three psychological dimensions are clearly manifested in the novel: the Id through characters' impulsive behavior, the Ego through rational decision-making, and the Superego through self-regulation based on moral norms. These findings were subsequently developed into interactive digital flipbook teaching material that meets the principles of relevance, consistency, and sufficiency. It is concluded that this novel is suitable as enrichment teaching material for senior high school Phase F students. Future research is recommended to conduct validation and effectiveness testing through a Research and Development (R&D) approach.

Keywords: Literary Psychology, Novel 3726 MDPL, Freudian Psychoanalysis, Teaching Material, Review Text.