

**PROGRAM STUDI S-1 KEPERAWATAN
FAKULTAS ILMU KESEHATAN
UNIVERSITAS GALUH
SENI RAHMA DINI
NIM. 1420122166**

**HUBUNGAN IMPLEMENTASI JADWAL HARIAN PERAWATAN DIRI
DENGAN TINGKAT KEMANDIRIAN PADA PASIEN SKIZOFRENIA
HALUSINASI DI RAWAT INAP JIWA RS ISLAM HJ SITI MUNIROH
TASIKMALAYA**

V BAB + 86 Halaman + 7 Tabel + 1 Gambar + 10 Lampiran

ABSTRAK

Skizofrenia sering mendapat diskriminasi lebih besar dari masyarakat sekitarnya dibandingkan individu yang menderita penyakit medis lainnya. Menurut WHO tahun 2019, terdapat 20 juta orang di diagnosa skizofrenia. Berdasarkan hasil riset kesehatan dasar tahun 2018 di Indonesia menunjukkan 7 dari 1000 (7%) sekitar 282.654 orang di Indonesia menderita gangguan jiwa skizofrenia. Pada tahun 2023 penderita skizofrenia sebanyak 1006 orang untuk wilayah kota Tasikmalaya. Pada rentang Agustus- November 2023 terdapat 104 pasien skizofrenia yang di rawat di RS Islam Hj. Siti Muniroh Tasikmalaya. Tujuan penelitian ini yaitu untuk mengetahui hubungan jadwal harian perawatan diri dengan tingkat kemandirian pada pasien skizofrenia halusinasi di Rawat Inap Jiwa RS Islam Hj. Siti Muniroh Tasikmalaya. Metode penelitian deskriptif analitik dengan desain penelitian *cross sectional*, populasi adalah seluruh pasien skizofrenia halusinasi rentang bulan Agustus-November 2023 sebanyak 104 responden dengan jumlah sampel 20 responden, dan menggunakan Teknik *purposive sampling*. Variabel bebas adalah jadwal harian perawatan diri dan variabel terikat yaitu tingkat kemandirian. Data dikumpulkan dengan lembar kuisisioner dan observasi kemudian dianalisis menggunakan uji *chi-square* dengan taraf signifikansi $\alpha = 0,05$. Hasil penelitian menunjukkan terdapat hubungan antar jadwal harian perawatan diri dengan tingkat kemandirian pada pasien skizofrenia di Rawat Inap Jiwa RSI Hj. Siti Muniroh tasikmalaya dengan nilai nilai sig. $0,019 < 0,05$. Hasil penelitian ini diharapkan dapat meningkatkan pengetahuan kepada seluruh petugas kesehatan maupun masyarakat sehingga dapat meningkatkan tingkat kemandirinya dalam merawat diri pada pasien skizofrenia dengan halusinasi.

**Kata kunci : skizofrenia, tingkat kemandirian, jadwal harian perawatan diri
Referensi : 31 (2014-2023)**

S-1 NURSING STUDY PROGRAM
FACULTY OF HEALTH SCIENCES
GALUH UNIVERSITY
SENI RAHMA DINI
NIM. 1420122166

THE RELATIONSHIP BETWEEN DAILY SELF-CARE SCHEDULES AND THE LEVEL OF INDEPENDENCE IN PATIENT WITH SCHIZOPHRENIA HALLUCINATION IN PSYCHIATRIC WARD OF HJ. SITI MUNIROH ISLAMIC HOSPITAL TASIKMALAYA

V Chapters + 86 Pages + 7 Tables + 1 pictures + 10 Attachments

ABSTRACT

Schizophrenia often experiences greater discrimination from the surrounding community than individuals with other medical illnesses. According to WHO in 2019, there were 20 million people diagnosed with schizophrenia. Based on the results of basic health research in 2018 in Indonesia, it showed that 7 out of 1000 (7%) around 282,654 people in Indonesia suffer from schizophrenia. In 2023, there were 1006 schizophrenia sufferers in the Tasikmalaya city area. In the period of August-November 2023, there were 104 schizophrenia patients treated at the Hj. Siti Muniroh Tasikmalaya Islamic Hospital. The purpose of this study was to determine the relationship between the daily self-care schedule and the level of independence in patients with hallucinatory schizophrenia in the Mental Inpatient Room of the Hj. Siti Muniroh Tasikmalaya Islamic Hospital. The research method was descriptive analytical with a cross-sectional research design, the population was all hallucinatory schizophrenia patients in the period of August-November 2023 as many as 104 respondents with a sample size of 20 respondents, and using the purposive sampling technique. The independent variable is the daily self-care schedule and the dependent variable is the level of independence. Data were collected using a questionnaire and observation sheet and then analyzed using the chi-square test with a significance level of $\alpha = 0.05$. The results of the study showed that there was a relationship between the daily self-care schedule and the level of independence in schizophrenia patients at the Mental Inpatient RSI Hj. Siti Muniroh Tasikmalaya with sig. values $0.019 < 0.05$. The results of this study are expected to increase knowledge for all health workers and the community so that they can increase their level of independence in caring for themselves in schizophrenia patients with hallucinations.

Keywords : *schizophrenia, level of independence, daily self-care schedule*
References : *31 (2014-2023)*