

**LITERATURE REVIEW**  
**THE EFFECT OF MASSAGE THERAPY ON THE GROWTH AND**  
**DEVELOPMENT OF BABIES**

**Ayu Novia Rahmawati Pratama**  
**1490123075**  
**Fakultas Ilmu Kesehatan Universitas Galuh**

**ABSTRACT**

*Infancy is a stage where growth and development are very fast, starting from the time the baby is born until it is 1 year old. Stimulation that is easy for parents to actively give to babies can be through tactile stimulation in the form of massage, moving the baby's legs and hands in an extension and flexion position (Soedjatmiko, 2016). This study aims to find out from various literature related to the influence of infant massage on the growth and development of babies. The design used is literature review, with the period of articles used in the last 10 years using keywords that have been adjusted to the sinta, science direct, pibmed databases with the results found in 9 relevant journals.*

*Kata kunci: Baby massage, baby growth and development*