

LAMPIRAN 1

Data Tes Awal dan Tes Akhir Kelompok *Five Dot Drill*

No	Kelompok <i>Five Dot Drill</i>				Keterangan
	Tes Awal		Tes Akhir		
	Kanan	Kiri	Kanan	Kiri	
1	28	27	29	28	
2	27	27	28	27	
3	29	28	29	29	
4	26	26	27	26	
5	27	26	28	27	
6	28	27	28	28	
7	26	27	27	27	
8	27	28	28	28	
9	25	29	26	29	
10	29	27	29	28	
11	24	27	27	28	
12	26	26	28	27	
13	27	27	28	28	
14	24	29	25	28	
15	25	26	27	28	
16	27	28	29	28	
17	25	25	26	25	
18	25	27	27	29	
19	24	26	26	28	
20	25	25	26	28	

LAMPIRAN 2

Deskripsi Data Tes Awal dan Tes Akhir Tungkai Kanan Latihan *Five Dot Drill*

Descriptives

	Kelompok		Statistic	Std. Error	
Tesawal	Tungkai Kanan	Mean	26.2000	.35244	
		95% Confidence Interval for Mean	Lower Bound 25.4623 Upper Bound 26.9377		
	5% Trimmed Mean	26.1667			
	Median	26.0000			
	Variance	2.484			
	Std. Deviation	1.57614			
	Minimum	24.00			
	Maximum	29.00			
	Range	5.00			
	Interquartile Range	2.00			
	Skewness	.262	.512		
	Kurtosis	-.886	.992		
	Tesakhir	Tungkai Kanan	Mean	27.4000	.26557
			95% Confidence Interval for Mean	Lower Bound 26.8442 Upper Bound 27.9558	
5% Trimmed Mean		27.4444			
Median		27.5000			
Variance		1.411			
Std. Deviation		1.18766			
Minimum		25.00			
Maximum		29.00			
Range		4.00			
Interquartile Range		1.75			
Skewness		-.260	.512		
Kurtosis		-.792	.992		

LAMPIRAN 2 LANJUTAN

Deskripsi Data Tes Awal dan Tes Akhir Tungkai Kiri Latihan *Five Dot Drill*

Descriptives

	Kelompok		Statistic	Std. Error	
Tesawal	Kaki kiri	Mean	26.9000	.25026	
		95% Confidence Interval for Mean	Lower Bound	26.3762	
			Upper Bound	27.4238	
		5% Trimmed Mean		26.8889	
		Median		27.0000	
		Variance		1.253	
		Std. Deviation		1.11921	
		Minimum		25.00	
		Maximum		29.00	
		Range		4.00	
		Interquartile Range		1.75	
		Skewness		.215	.512
		Kurtosis		-.195	.992
		Tesakhir	Kaki kiri	Mean	27.7000
95% Confidence Interval for Mean	Lower Bound			27.2419	
	Upper Bound			28.1581	
5% Trimmed Mean				27.7778	
Median				28.0000	
Variance				.958	
Std. Deviation				.97872	
Minimum				25.00	
Maximum				29.00	
Range				4.00	
Interquartile Range				1.00	
Skewness				-1.190	.512
Kurtosis				2.060	.992

LAMPIRAN 3

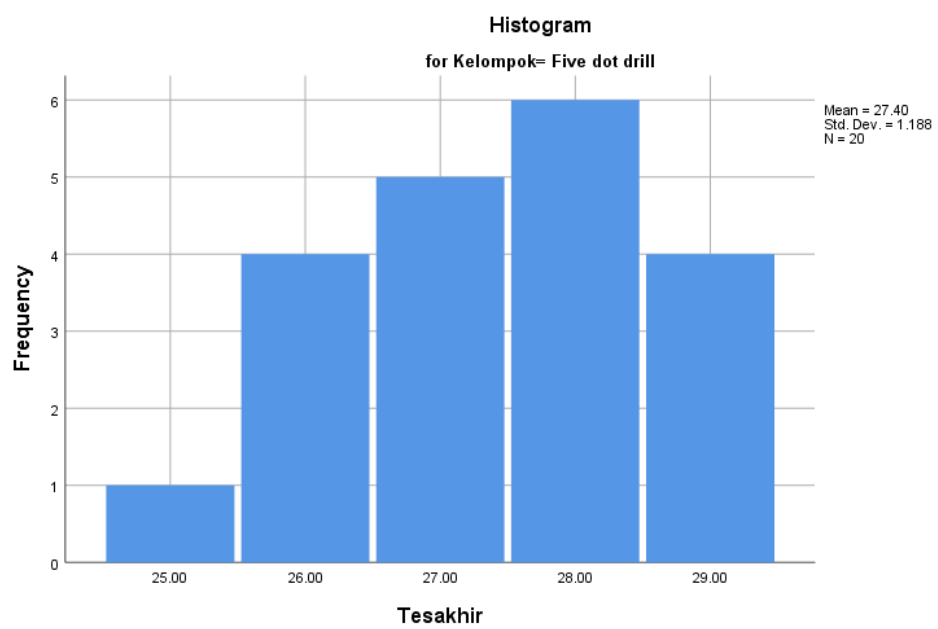
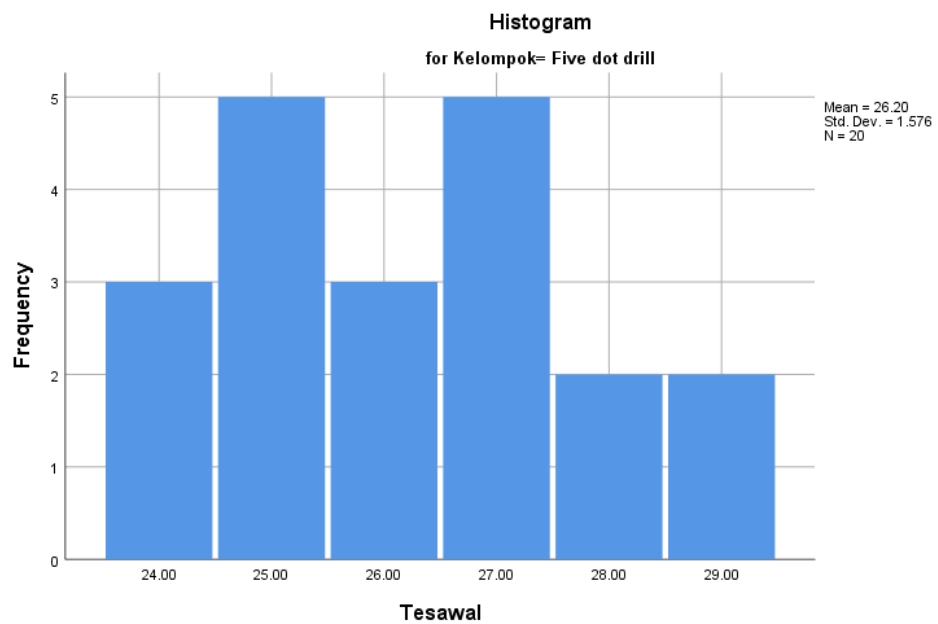
Data Normalitas Tes Awal dan Tes Akhir Tungkai Kanan dan Tungkai Kiri Latihan *Five Dot Drill*

		Tests of Normality					
		Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Kelompok	Statistic	df	Sig.	Statistic	df	Sig.
Tesawal	Tungkai kanan	.177	20	.102	.927	20	.136
Tesakhir	Tungkai kanan	.193	20	.049	.914	20	.078

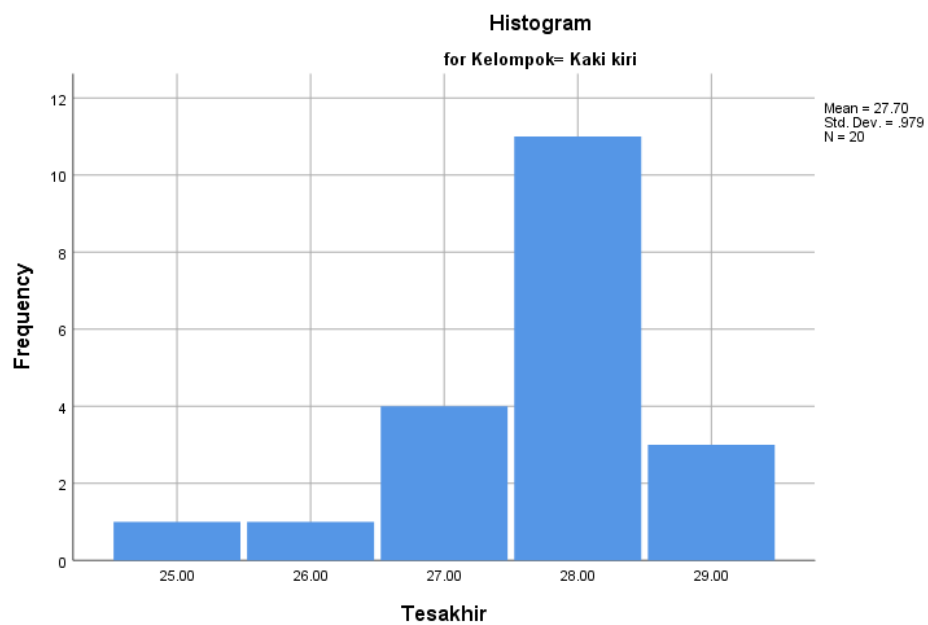
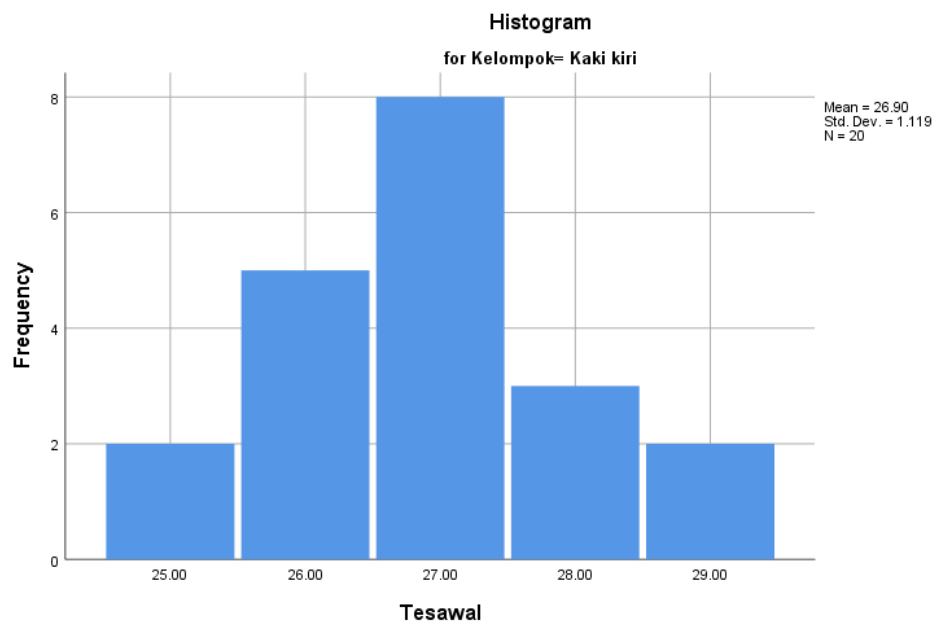
a. Lilliefors Significance Correction

		Tests of Normality					
		Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Kelompok	Statistic	df	Sig.	Statistic	df	Sig.
Tesawal	Kaki kiri	.214	20	.017	.921	20	.102
Tesakhir	Kaki kiri	.320	20	.000	.827	20	.200

a. Lilliefors Significance Correction

LAMPIRAN 4**Histogram Data Normalitas Tes Awal dan Tes Akhir
Tungkai Kanan**

LAMPIRAN 5

**Histogram Data Normalitas Tes Awal dan Tes Akhir
Tungkai Kiri**

LAMPIRAN 6

Data Paired Sample T-test Tungkai Kanan dan Tungkai Kiri

		Paired Samples Test								
		Paired Differences				95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	Lower	Upper				
Pair 1	Tesawal - Tesakhir	-1.20000	.76777	.17168	-1.55933	-.84067	-6.990	19	.000	

		Paired Samples Test								
		Paired Differences				95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	Lower	Upper				
Pair 1	Tesawal - Tesakhir	-.80000	.95145	.21275	-1.24529	-.35471	-3.760	19	.001	

LAMPIRAN 7

Dokumentasi Penelitian



LAMPIRAN 9 Lanjutan

Dokumentasi Penelitian



LAMPIRAN 10
Surat Izin Penelitian