

**HUBUNGAN DUKUNGAN SUAMI TERHADAP TINGKAT KECEMASAN
IBU HAMIL PRIMIGRAVIDA TRIMESTER III
DALAM MENGHADAPI PERSALINAN
DI PUSKESMAS BAREGBEG**

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ABSTRAK

Latar belakang : Tingkat kecemasan ibu hamil primigravida dalam menghadapi persalinan umumnya lebih tinggi dari pada wanita yang sudah hamil untuk kedua kalinya dan seterusnya. Dukungan orang terdekat, terutama suami sangat penting untuk mengurangi kecemasan ibu hamil primigravida. **Tujuan :** peneliti ini bertujuan untuk menganalisis hubungan antara dukungan suami dengan tingkat kecemasan ibu hamil primigravida pada trimester ketiga dalam menghadapi persalinan di puskesmas baregbeg. **Metode :** penelitian ini menggunakan jenis penelitian kuantitatif dengan desain *deskriptif korelational* melalui pendekatan *cross sectional*, teknik pengambilan sampel menggunakan *purposive sampling* dengan 25 responden. Teknik pengumpulan data yang digunakan adalah lembar kuesioner dukungan suami dan tingkat kecemasan ibu hamil primigravida trimester III. Teknik analisis data menggunakan uji statistik *Spearman Rank*. **Hasil :** penelitian menunjukkan bahwa terdapat hubungan yang signifikan antar dukungan suami dan tingkat kecemasan ibu hamil primigravida trimester III di Puskesmas Baregbeg karena $p\text{-value} = 0,01$. **Kesimpulan :** dapat disimpulkan bahwa dukungan suami dengan tingkat kecemasan ibu hamil primifravida trimester III terdapat hubungan yang signifikan.

Kata kunci : Dukungan suami, Ibu hamil primigravida TM III, Kecemasan

**CORRELATION BETWEEN HUSBAND SUPPORT AND ANXIETY LEVELS
DEALING WITH LABOR ON PRIMIGRAVIDA PREGNANT WOMAN
TRIMESTER III IN BAREGBEG COMMUNITY HEALTH CARE**

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ABSTRACT

Background : *Primigravida anxiety levels in the face of labor generally higher than in woman who are already pregnant for the second time and so on. Support the closest persons, especially the husband, is very important to reduce primigravida anxiety.* **Purpose :** *This research aims to analyze the relationship between husband support with the anxiety level of primigravida in the third trimester in the face of labor at Baregbeg Community Health Center.* **Method :** *This research is a type of quantitative research with a correlational descriptive design using a cross sectional approach, the sampling technique uses purposive sampling with 25 respondents. The data collection technique used was a questionnaire sheet on husband's support and anxiety levels of third trimester primigravida pregnant women. The data analysis technique uses the Spearman Rank statistical test.* **Results:** *The research shows that there is a significant relationship between husband's support and the anxiety level of third trimester primigravida pregnant women at the Baregbeg Community Health Center because $p\text{-value} = 0.01$.* **Conclusion :** *it can be concluded that there is a significant relationship between husband's support and the level of anxiety of primigravida pregnant women in the third trimester.*

Keywords: Husband's support, third trimester primigravida pregnant women, Anxiety