

**PROGRAM STUDI S-1 KEPERAWATAN
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**HUBUNGAN PENGETAHUAN REMAJA PUTRI TENTANG *STUNTING*
DENGAN KEPATUHAN KONSUMSI TABLET TAMBAH DARAH (TTD) DI
DESA CINTAKARYA KECAMATAN SAMARANG KABUPATEN GARUT**
V BAB + 100 Halaman + 7 Tabel + 1 Bagan + 19 Lampiran

ABSTRAK

Stunting pada balita di dunia mengalami peningkatan, lebih dari setengah balita stunting di dunia berasal dari Asia yakni 55%, di Indonesia prevalensi stunting nasional adalah 24,4%, balita stunting di Jawa Barat mencapai 20,2 %, di Kabupaten Garut mencapai 35,2 %, di kecamatan Samarang mempunyai kasus *stunting* tinggi yaitu sebanyak 979 anak.

Tujuan penelitian ini ialah untuk mengetahui hubungan pengetahuan remaja putri tentang stunting dengan kepatuhan konsumsi tablet tambah darah di Desa Cintakarya Kecamatan Samarang Kabupaten Garut. Metode penelitian *deskriptif korelasi* dengan desain penelitian *cross sectional*, *populasi ialah seluruh* remaja Putri di Desa Cintakarya sebanyak 866 Orang dengan besar sampel 90 responden menggunakan *purposive sampling* yang memenuhi kriteria inklusi. Variabel independen adalah pengetahuan remaja tentang stunting dan kepatuhan konsumsi tablet tambah darah sebagai variabel dependen. Data dikumpulkan dengan kuesioner dan dianalisis menggunakan uji *spearman rank* dengan taraf signifikansi $\alpha = 0,05$.

Hasil penelitian menunjukkan terdapat hubungan yang signifikan antara pengetahuan remaja putri tentang stunting dengan kepatuhan konsumsi tablet tambah darah di Desa Cintakarya Kecamatan Samarang Kabupaten Garut dengan nilai $p_{\text{value}} = 0,000$.

Saran penelitian ini diharapkan dapat meningkatkan wawasan responden tentang stunting, serta dapat meningkatkan kesadaran dan kepatuhan konsumsi tablet tambah darah sebagai langkah pencegahan terjadinya anemia yang mengatasi salah satu penyebab terjadinya stunting.

Kata Kunci : *Kepatuhan, Pengetahuan, Remaja Putri, Stunting, Tablet Tambah Darah.*

Referensi : *18 Buku (2011-2021), 10 Internet, 4 Jurnal (2018-2023), 3 Dokumen (2020-2023)*

**S-1 NURSING STUDY PROGRAM
FACULTY OF HEALTH SCIENCES
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THE RELATIONSHIP OF ADOLESCENT WOMEN'S KNOWLEDGE ABOUT STUNTING AND COMPLIANCE WITH THE CONSUMPTION OF BLOOD SUPPLEMENT TABLETS (TTD) IN CINTAKARYA VILLAGE, SAMARANG DISTRICT, GARUT REGENCY

V Chapter + 100 Pages + 7 Tables + 1 Chart + 19 Attachment

ABSTRACT

Stunting in children under five in the world has increased, more than half of the stunted toddlers in the world come from Asia, namely 55%, in Indonesia the national prevalence of stunting is 24.4%, stunted toddlers in West Java reaches 20.2%, in Garut Regency reaches 35.2%, in Samarang sub-district has a high stunting case of 979 children.

The purpose of this study was to determine the relationship between the knowledge of adolescent girls about stunting and compliance with the consumption of blood supplement tablets in Cintakarya Village, Samarang District, Garut Regency. Descriptive correlation research method with cross sectional research design, the population was all adolescent girls in Cintakarya Village totaling 866 people with a sample size of 90 respondents using purposive sampling who met the inclusion criteria. The independent variable is adolescents' knowledge about stunting and compliance with blood supplement tablets consumption as the dependent variable. Data were collected by questionnaire and analyzed using the spearman rank test with a significance level of $\alpha = 0.05$.

The results showed that there was a significant relationship between the knowledge of adolescent girls about stunting and compliance with the consumption of blood supplement tablets in Cintakarya Village, Samarang District, Garut Regency with a $p_{value} = 0.000$.

This research suggestion are expected to increase respondents' knowledge about stunting, and can increase awareness and compliance with the consumption of blood-added tablets as a preventive measure for anemia that overcomes one of the causes of stunting.

Keywords : Adherence, Knowledge, Adolescents Girls, Stunting, Blood Booster Tablets.

Reference : 22 Books (2012-2020), 5 Internet, 3 Journal (2013-2023), 3 Dokument (2018-2023)