BIBLIOGRAPHY

Adwas, Almokhtar & Jbireal, J. & Azab, Azab. (2019). Anxiety: Insights into Signs, Symptoms, Etiology, Pathophysiology, and Treatment. *The South African journal of medical sciences*. 2. 80-91. https://www.researchgate.net/publication/336738068_Anxiety_Insights_into_Signs_Symptoms_Etiology_Pathophysiology_and_Treatment

Agusriana, Cut Fajar. (2021). Teachers' Perception On The Use Of Ice Breaking Strategy In Teaching And Learning Process. Department English Language Teaching. *Universitas Islam Negeri Ar-Raniry Banda Aceh*. 2021. https://repository.ar-raniry.ac.id/id/eprint/16151/1/Cut%20Fajar%20Agusriana%2C%20160203152%2C%20FTK%2C%20PBI%2C%2008082234370431.pdf

Anzanni, S., & Dewi, D. N. (2023). The Correlation between Vocational Students' Speaking Anxiety and Speaking Performances in Learning English. *Ideas/Ideas: Journal on English Language and Learning, Linguistics and Literature,* 10(2), 1849–1862. https://doi.org/10.24256/ideas.v10i2.3148

Asysyfa, A., Handyani, A. M., & Rizkiani, S. (2019). Students' speaking anxiety in EFL classroom. *Project (Professional Journal of English Education)*, *2*(4), 581. https://doi.org/10.22460/project.v2i4.p581-587

Berliana, Nina. (2023). Male-Female Young Learners' Perspectives on The Use Crossword Puzzle Aids to Enrich Their Vocabulary: A Case Study at a Junior High School in Ciamis. *English Education Program. Universitas Galuh.* 2023.

Busetto, L., Wick, W., & Gumbinger, C (2020). How To Use and Asses Qualitative Research Methods. *Neurol. Res. Pract.* 2, 14 (2020). DOI https://doi.org/10.1186/s42466-020-00059-z

Chellappa, S. L., & Aeschbach, D. (2022). Sleep and anxiety: From mechanisms to interventions. *Sleep medicine reviews*, *61*, 101583. https://doi.org/10.1016/j.smrv.2021.101583

Clark, D. A., & Beck, A. T. (2023). Anxiety and Worry workbook. *Guilford Publications.* https://books.google.co.id/books/about/The_Anxiety_and_Worry_Workbook.html?id=n_-knWrLUMQC&redir_esc=y

Creswell, J.W. and Clark, V.L. Plano (2011). Designing and Conducting Mixed Methods Research. *2nd Edition, SaGE Publications, Los Angeles. - References - Scientific Research Publishing*. (n.d.). https://shorturl.at/HfQh7

Creswell, J. W., & Creswell, J. D. (2018). Research design: Qualitative, Quantitative, and Mixed Methods Approaches. *SAGE Publications, Incorporated.* https://spada.uns.ac.id/pluginfile.php/510378/mod_resource/content/1/creswell.pdf

Creswell, J. W. (2012). Educational research: Planning, Conducting, and Evaluating Quantitative and Qualitative Research. *Pearson Education.* https://repository.unmas.ac.id/medias/journal/EBK-00121.pdf

Creswell, J. W. (2013). Qualitative inquiry and research design: Choosing Among Five Approaches. *SAGE.* https://us.sagepub.com/en-us/nam/qualitative-inquiry-and-research-design/book246896

Damayanti, M. E., & Listyani, L. (2020). An Analysis Of Students' Speaking Anxiety In Academic Speaking Class. *ELTR Journal,* 4(2), 152–170. https://doi.org/10.37147/eltr.v4i2.70

Dewi, Yoffie Kharisma (2023). Student's Speaking Anxiety and Motivation in EFL Learning Process at Vocational High Schools in North Bintan. *JADEs Journal of Academia in English Education*, *4*(2). https://doi.org/10.32505/jades.v4i2.6486

Etikan, I., Musa, S. A., & Alkassim, R.. (2016). Comparison of Convenience Sampling and Purposive Sampling. *American Journal of Theoretical and Applied Statistics*, 5(1), 1-4. 5(1). https://doi.org/10.11648/J.AJTAS.20160501.11

Fitria, Tira Nur. (2023). Breaking the Ice in the Classroom: Using Ice Breaking in the Teaching and Learning Process. *Borneo Journal of English Language Education*, 5. 23-38. DOI: https://doi.org/10.35334/bjele.v5i1.4210

Fraenkel, J., Hyun, H., & Wallen, N. (2011). How to design and Evaluate research in Education. *McGraw-Hill Education.* https://shorturl.at/YBBTZ

Ghifarah, Naila Al., & Pusparini, R. (2023). Students' Perception Towards The Role Of Ice Breaking Activities In Learning English At Senior High School. *Journal of English Language Teaching and Literature (JELTL)*, *6*(2), 118-128. https://doi.org/10.47080/jeltl.v6i2.2793

Hanif, Muharikh Al., Nur Mahmudah, F., & Kunta Biddinika, M. (2024). Learning and Innovating Skills in Vocational High Schools: Systematic Literature Review. *TGO Journal of Education, Science and Technology*, *2*(1), 59–75. Retrieved from https://ejournal.trescode.org/index.php/jest/article/view/73

Haryudin, A., Yana, Y., & Efransyah, E. (2020). An Analysis Of Developing English Teaching Materials At The Vocational High School In Cimahi. *Jurnal Ilmiah P2M STKIP Siliwangi*, *7*(1), 11–19. https://doi.org/10.22460/p2m.v7i1p11-19.1486

Hatch, E. & Lazaraton, A. (1991). The Research Manual: Design and Statistics for Apllied Linguistics. *Massachusetts: Heinle Publihers.* https://id.scribd.com/document/290944499/The-Research-Manual-Hatch-Larazaton-1991

Hz, Benni Ichsanda Rahman (2022). An Exploration on Students' Public Speaking Anxiety: Stifin Perspective. *Llt Journal/LLT Journal,* 25(1), 149–159. https://doi.org/10.24071/llt.v25i1.4502

Kamilah, S., Shoheh, P., & Suryandari, M. (2024). The Importance of Ice Breaking in Public Speaking to Improve Communication Skills. *International Journal of Education, Information Technology, and Others,* 7(1), 11-16. https://doi.org/10.5281/zenodo.10461898

Kisno., Sherly., Edy, Dharma., Humiras, Betty, Sihombing., Nathanael, Sitanggang. (2022). Vocational High School Prospective Graduates' Employability via Dual Vocational Certification (DVC). *Global Conference on Business and Social Sciences Proceeding,* 14(2):1-1. DOI:10.35609/gcbssproceeding.2022.2(57)

Kurnia & Hakim, D. L. (2023). Identification of Career Choice for Vocational High School Students: A review. *JIPTEK : Jurnal Ilmiah Pendidikan Teknik Dan Kejuruan/Jiptek*, *16*(2), 150. https://doi.org/10.20961/jiptek.v16i2.67732

Lowu, T. a. A., Rampeng, R., & Fansury, A. H. (2024). Implementation Of Ice Breaking In Speaking Skill At Sma Kartika Xx-1 Makassar. *TEFL Overseas Journal/TEFL Overseas Journal*, 11(3), 98–105. https://doi.org/10.47178/dm9wn637

Makhmudovna, K. G. (2022). Importance of Ice Breaking Activities in Teaching English. *International Scientific Journal,* 1(7), 117-120. https://doi.org/10.5281/zenodo.7223440

Mahmud, Adi F, Yusup, Abudar & Saban, Amrin Hi. (2023). The Implementation of Ice-Breaking Activities in English Classroom: A Descriptive Study of the Second-Grade Students' Perceptions at SMA Al Irsyad Kota Ternate. *Journal of Linguistics, Literature, and Language Education,* Vol. 6., Num. 1 EISSN: 2623-1565 https://jurnal.stkipkieraha.ac.id/index.php/langua

Noviyanti, Sari Dewi (2022). Speaking Anxiety in Online English Class: Causes and Effects. *International Journal of English and Applied Linguistics (IJEAL),* 2(1), 112-117. https://doi.org/10.47709/ijeal.v2i1.1431

Oteir, Ibrahim & Al-Otaibi, Abdullah. (2019). Foreign Language Anxiety: A Systematic Review. *Arab World English Journal.* 10. DOI: https://dx.doi.org/10.24093/awej/vol10no3.21

Rahmadhani, S., Ahyanuardi, & Suryati, L. (2022). Vocational high school students' competency needs to the world of work. *Mimbar Ilmu,* 27(2), 349–355. https://doi.org/10.23887/mi.v27i1.42161

Rahmayanti, P., Saraswati, P. A., & Bhuana, G. P. (2019). The Use Of Ice Breaker To Improve Students' Motivation In Learning English At The Tenth Grade Students Of Smk Ypkkp. *Project (Professional Journal of English Education),* 2(5), 594. https://doi.org/10.22460/project.v2i5.p594-600

Rusman, Kadek Bagus (2022). Implementation and Benefits of Learning through Ice Breaking. *International Linguistics and TESOL Journal,* Vol.1(No.1). https://www.ejournal.warmadewa.ac.id/index.php/iltes/article/view/5785/3890

Rohayati, D. (2016). Analisis Strategi Pembelajaran Bahasa Dalam Pembelajaran Bahasa Inggris Sebagai Bahasa Asing (Sebuah Studi Kasus Deskriptif di Program Studi Agribisnis). 1,269-280. DOI: http://dx.doi.org/10.25157/ma.v1i3.47

Romadhon, S. A., Indrayanti, I., & Qurohman, M. T. (2023). Analysis of Language Anxiety: A Study in English Speaking Classes among Vocational Students. *E-Structural, 6*(02), 101–118. https://doi.org/10.33633/es.v6i02.8996

Sendana, A. K., & Rachel. (2020). Ice Breaking Method Effectiveness on Students' enthusiasm in Learning English at SMPN 1 Saluputti. *Jurnal KIP* Vol. IX No. 1 Maret 2020 - Juni 2020.https://journals.ukitoraja.ac.id/index.php/jkip/article/view/1341/1030 https://doi.org/10.47178/jkip.v9i1.1341

Shteiwi, A. A., & Hamuda, M. A. (2016). Oral communication problems encountering english major students: Causes & remedies. *International Journal of Social Science and Humanities Research*, 4(2), 19-26. https://www.researchpublish.com/papers/oral-communication-problems-encountering-english-major-students-causes--remedies

Sivolap, YP. (2020). Systematics and treatment of anxiety disorders. Zhurnal Nevrologii I Psikhiatrii Imeni S S Korsakova, 120(7):121-127. doi: 10.17116/JNEVRO2020120071121

Sunarto. (2012). Ice Breaker dalam Pembelajaran Aktif. *Surakarta: Cakrawala Media.*

Tenny S, Brannan JM, Brannan GD. Qualitative Study. [Updated 2022 Sep 18]. In: StatPearls [Internet]. *Treasure Island (FL): StatPearls Publishing;* 2024 Jan-. Available from: https://www.ncbi.nlm.nih.gov/books/NBK470395/

Tran, T.T. L. (2022). An Investigation into the Causes of Students' Anxiety in Learning English Speaking Skills. *International Journal of TESOL & Education,* 2(3), 183-196.DOI: https://doi.org/10.54855/ijte.222312