

**FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN MINAT
PASANGAN USIA SUBUR (PUS) TERHADAP METODE KONTRASEPSI
EFEKTIF (MKET) TERPILIH DI DESA GOLAT KECAMATAN
PANUMBANGAN KABUPATEN CIAMIS**

ABSTRAK

Rifa Qathrunnada Azhari¹, Asri Aprilia Rohman², Siti Fatimah³

¹Mahasiswa Fakultas Ilmu Kesehatan Universitas Galuh, ²Dosen Fakultas
Ilmu Kesehatan Galuh, ³Dosen Fakultas Ilmu Kesehatan Galuh

Latar Belakang: Metode Kontrasepsi Efektif Terpilih (MKET) merupakan metode kontrasepsi yang memiliki efektivitas tinggi dalam mencegah kehamilan. Minat Pasangan Usia Subur (PUS) dalam menggunakan MKET dapat dipengaruhi oleh berbagai faktor, di antaranya pengetahuan, sikap, dan dukungan suami.

Tujuan: Penelitian ini bertujuan untuk mengetahui faktor-faktor yang berhubungan dengan minat PUS terhadap MKET di Desa Golat, Kecamatan Panumbangan, Kabupaten Ciamis.

Metode: Penelitian kuantitatif ini menggunakan desain *cross-sectional*. Sampel berjumlah 84 PUS yang dipilih berdasarkan kriteria penelitian. Data dikumpulkan menggunakan kuesioner dan dianalisis secara univariat serta bivariat menggunakan uji *Chi-Square* dengan tingkat kemaknaan $\alpha = 0,05$.

Hasil: Sebagian besar responden memiliki pengetahuan baik (58,3%), sikap negatif (61,9%), memperoleh dukungan suami (54,8%), dan tidak berminat terhadap MKET (59,5%). Hasil analisis menunjukkan adanya hubungan antara pengetahuan dengan minat PUS terhadap MKET ($p = 0,005$), sikap dengan minat PUS terhadap MKET ($p = 0,001$), serta dukungan suami dengan minat PUS terhadap MKET ($p = 0,001$).

Kesimpulan: Terdapat hubungan yang bermakna antara pengetahuan, sikap, dan dukungan suami dengan minat PUS terhadap MKET. Tenaga kesehatan diharapkan meningkatkan pemberian informasi dan konseling mengenai MKET dengan melibatkan suami agar PUS dapat menentukan pilihan kontrasepsi sesuai kebutuhan.

Kata Kunci: Pengetahuan, Sikap, Dukungan Suami, Minat, PUS, MKET

**FACTORS ASSOCIATED WITH THE INTEREST OF COUPLES OF
REPRODUCTIVE AGE (PUS) IN SELECTED EFFECTIVE
CONTRACEPTIVE METHODS (MKET) IN GOLAT VILLAGE,
PANUMBANGAN SUBDISTRICT, CIAMIS REGENCY**

ABSTRACT

Rifa Qathrunnada Azhari¹, Asri Aprilia Rohman², Siti Fatimah³

¹Student, Faculty of Health Sciences, Universitas Galuh, ²Lecturer, Faculty of Health Science, Universitas Galuh, ³ Lecturer, Faculty of Health Science, Universitas Galuh

Background: The Selected Effective Contraceptive Method (MKET) is a contraceptive method with high effectiveness in preventing pregnancy. The interest of Couples of Reproductive Age (PUS) in using MKET may be influenced by various factors, including knowledge, attitudes, and husband's support.

Objective: This study aimed to determine the factors associated with the interest of Couples of Reproductive Age (PUS) in MKET in Golat Village, Panumbangan District, Ciamis Regency.

Methods: This quantitative study used a *cross-sectional* design. The sample consisted of 84 Couples of Reproductive Age (PUS) selected based on the study criteria. Data were collected using questionnaires and analyzed through univariate and bivariate analyses using the *Chi-Square* test with a significance level of $\alpha = 0.05$.

Results: Most respondents had good knowledge (58.3%), negative attitudes (61.9%), received husband's support (54.8%), and were not interested in using MKET (59.5%). The analysis showed significant associations between knowledge and interest in MKET ($p = 0.005$), attitudes and interest in MKET ($p = 0.001$), and husband's support and interest in MKET ($p = 0.001$).

Conclusion: There were significant associations between knowledge, attitudes, and husband's support and the interest of Couples of Reproductive Age (PUS) in MKET. Health workers are expected to enhance the provision of information and counseling regarding MKET by involving husbands so that couples can make appropriate contraceptive choices according to their needs.

Keywords: Knowledge, Attitudes, Husband's Support, Interest, Couples of Reproductive Age, MKET