

DAFTAR PUSTAKA

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LAMPIRAN

Lampiran 1

Hasil Data Mentah Penelitian

No	Nama	Pretest	Posttest
1	Ahmad Fauzan	12.94	11.61
2	Rizky Maulana	13.08	11.78
3	Dimas Pratama	12.63	11.22
4	Muhammad Fikri	12.75	11.43
5	Rafi Ramadhan	13.21	11.90
6	Aldi Firmansyah	12.58	11.18
7	Bagas Saputra	12.96	11.55
8	Yoga Prasetyo	12.47	11.12
9	Reza Maulana	13.14	11.74
10	Andika Putra	12.83	11.46
11	Rangga Nugraha	12.69	11.30
12	Fajar Hidayat	12.91	11.49
13	Ilham Maulana	13.02	11.67
14	Ardiansyah	12.56	11.20
15	Galih Permana	12.86	11.52
16	Deni Kurniawan	13.18	11.84
17	M. Ridwan	12.72	11.34
18	Rian Saputra	12.98	11.63
19	Asep Nugraha	12.61	11.27
20	Rendi Firmansyah	12.88	11.54
21	Iqbal Ramadhan	13.05	11.69
22	Yusuf Hidayat	12.54	11.16
23	Rizal Akbar	12.79	11.41
24	Fauzi Rahman	12.97	11.58

Lampiran 2

Deskripsi Data Hasil Penelitian

	N	Range	Min	Maxi	Sum	Mean		Std. Deviation	Variance	Skewness		Kurtosis	
	Statistic	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic	Statistic	Statistic	Std. Error	Statistic	Std. Error
Lane Agility Test Sebelum Latihan (detik)	24	0,74	12,47	13,21	308,35	12,8479	0,04383	0,21472	0,046	-0,076	0,472	-1,025	0,918
Lane Agility Test Sesudah Latihan (detik)	24	0,78	11,12	11,90	275,63	11,4846	0,04613	0,22600	0,051	0,034	0,472	-0,968	0,918

Lampiran 3

Uji Normalitas

<i>Tests of Normality</i>			
	Shapiro-Wilk		
	Statistic	df	Sig.
<i>Lane Agility Test</i> Sebelum Latihan (detik)	0,968	24	0,607
<i>Lane Agility Test</i> Sesudah Latihan (detik)	0,968	24	0,615

Lampiran 4

Uji Hipotesis

<i>Paired Samples Statistics</i>					
		<i>Mean</i>	<i>N</i>	<i>Std. Deviation</i>	<i>Std. Error Mean</i>
Pair 1	<i>Lane Agility Test Sebelum Latihan (detik)</i>	12,8479	24	0,21472	0,04383
	<i>Lane Agility Test Sesudah Latihan (detik)</i>	11,4846	24	0,22600	0,04613

Paired Samples Correlations				
		N	Correlation	Sig.
Pair 1	Lane Agility Test Sebelum Latihan (detik) & Lane Agility Test Sesudah Latihan (detik)	24	0,990	0,000

<i>Paired Samples Test</i>									
		<i>Paired Differences</i>					t	df	<i>Sig. (2-tailed)</i>
		<i>Mean</i>	<i>Std. Deviation</i>	<i>Std. Error Mean</i>	<i>95% Confidence Interval of the Difference</i>				
					<i>Lower</i>	<i>Upper</i>			
Pair 1	<i>Lane Agility Test Sebelum Latihan (detik) - Lane Agility Test Sesudah Latihan (detik)</i>	1,36333	0,03306	0,00675	1,34937	1,37729	202,044	23	0,000

Lampiran 5

Surat Izin Penelitian

Perihal: ...

 PEMERINTAH DAERAH PROVINSI JAWA BARAT
DINAS PENDIDIKAN
CABANG DINAS PENDIDIKAN WILAYAH XIII
SMK NEGERI 1 KAWALI
Jalan Talagasari No. 35 Tlp. (0265) 791727 Fax. (0265) 2797676
e-mail : smkn1kawali@gmail.com
Kawali - 46253

SURAT KETERANGAN
Nomor: 436/TU.01.02/SMKN1KWL

Berdasarkan surat dari Universitas Galuh Nomor: 834/21/SP/KMH/WDI/VI/2026 Perihal: Izin Penelitian, dengan ini Kepala SMK Negeri 1 Kawali Kabupaten Ciamis menerangkan bahwa nama mahasiswa dibawah ini:

Nama : Arief Dewantara
NIM : 2124220174
Program/ Semester : S1 Pendidikan Jasmani/ VIII

Telah "selesai" melaksanakan Penelitian di SMK Negeri 1 Kawali sebagai syarat penyusunan Skripsi dengan topik penelitian "Pengaruh Variasi Latihan Chose-Out Drill Terhadap Peningkat Kecepatan Reaksi Bertahan pada Permainan Bola Basket".

Demikian Surat Keterangan kami sampaikan untuk dipergunakan sebagaimana mestinya.

Kawali, 21 Juli 2026
KEPALA SMK NEGERI 1 KAWALI

 Ditandatangani secara elektronik oleh:
KEPALA SMK NEGERI 1 KAWALI

DEDE FAJRIADI, S.Pd., M.Pd.
Penata Tk.1

Lampiran 6

Foto Dokumentasi



Ket : Pengarahan Sebelum Tes



Ket : Instruksi Pengarahan Tes