

**HUBUNGAN DUKUNGAN SUAMI (*BREASTFEEDING FATHER*) DENGAN
KEBERHASILAN PEMBERIAN ASI EKSKLUSIF DI WILAYAH KERJA
PUSKESMAS RANCAH KABUPATEN CIAMIS**

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ABSTRAK

Breastfeeding Father adalah dukungan penuh seorang suami sebagai ayah kepada istrinya agar dapat berhasil dalam proses menyusui, dukungan suami merupakan salah satu faktor yang mempengaruhi keberhasilan ibu dalam pemberian ASI Eksklusif. Tujuan penelitian ini untuk mengetahui hubungan dukungan suami (*Breastfeeding Father*) dengan keberhasilan pemberian ASI Eksklusif. Desain penelitian ini adalah deskriptif kuantitatif dengan pendekatan *cross sectional*, populasi dalam penelitian ini adalah semua ibu menyusui yang mempunyai bayi usia 6-12 bulan di Wilayah kerja Puskesmas Rancah Kabupaten Ciamis dengan sampel 28 responden yang memenuhi kriteria inklusi dan eksklusi, instrumen penelitian menggunakan lembar kuisioner dan analisa penelitian ini menggunakan uji *statistic spearman*. Hasil penelitian ini didapatkan bahwa pelaksanaan dukungan suami (*Breastfeeding Father*) sebanyak 16 responden (57,1%), pencapaian keberhasilan pemberian ASI Eksklusif 16 responden (57,1%). Hasil uji *statistic* diperoleh nilai *P.Value* $0,000 \leq 0,05$ sehingga ada hubungan dukungan suami (*Breastfeeding Father*) dengan keberhasilan pemberian ASI Eksklusif di wilayah kerja Puskesmas Rancah Kabupaten Ciamis. Disarankan bagi Puskesmas dapat memberikan penyuluhan pada masyarakat mengenai pentingnya peran suami/ ayah dalam keberhasilan pemberian ASI Eksklusif.

Kata kunci : Dukungan Suami (Breastfeeding Father), ASI Eksklusif

RELATIONSHIP BETWEEN HUSBAND SUPPORT (BREASTFEEDING FATHER) WITH THE SUCCESS OF EXCLUSIVE BREASTFEEDING IN THE WORK AREA OF THE RANCAH PUBLIC HEALTH CENTER, CIAMIS REGENCY

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ABSTRACT

Breastfeeding Father is the full support of a husband as a father to his wife so that she can succeed in the breastfeeding process, husband's support is one of the factors that influences the success of mothers in providing exclusive breastfeeding. The purpose of this study was to determine the relationship between husband's support (Breastfeeding Father) with the success of providing exclusive breastfeeding. The design of this study was descriptive quantitative with a cross-sectional approach, the population in this study were all breastfeeding mothers who had babies aged 6-12 months in the Rancah Public Health Center, Ciamis Regency with a sample of 28 respondents who met the inclusion and exclusion criteria, the research instrument used a questionnaire sheet and the analysis of this study used the spearman statistical test. The results of this study found that the implementation of husband support (Breastfeeding Father) was 16 respondents (57.1%), the achievement of success in providing Exclusive Breastfeeding 16 respondents (57.1%). The results of the statistical test obtained a P.Value of $0.000 \leq 0.05$ so that there is a relationship between husband support (Breastfeeding Father) and the success of providing Exclusive Breastfeeding in the work area of the Rancah Health Center, Ciamis Regency. It is recommended that the Health Center can provide counseling to the community regarding the importance of the role of husbands/fathers in the success of providing Exclusive Breastfeeding.

Keywords: Husband Support (Breastfeeding Father), Exclusive Breastfeeding