

DAFTAR PUSTAKA

- Hilman, M., & Priyatna, C. (2023). Implementasi Program Keselamatan Dan Kesehatan Kerja Terhadap Peningkatan Produktivitas Kerja Karyawan Pada Departemen PGF (Power, Gas And Facilities) Area Pulau Pabelokan CNOOC SES LTD. *Jurnal Industrial Galuh*, 4(1), 12–22.
- Ergonomics Plus Inc. (2019). A Step By Step Guide Rapid Upper Limb Assessment (RULA).
- Hapitian F. (2023). Analisis Postur Kerja Dengan Menggunakan Metode Upper Limb Assessment (RULA) Pada Proses Produksi Combring Di UKM Combring Panawangan Ciamis.
- Mariawati A. S. (2019). Measurement of Work Posture Score Using Rapid Upper Limb Assessment and Quick Exposure Check in Tofu Industry. *Jurnal Teknik Industri*.
- Middlesworth. M. How to Use the Hierarchy of Controls to Reduce MSD Risk: (<https://ergo-plus.com/hierarchy-of-controls-to-reduce-msd-risk/>). Ergo Plus. [21-04-2024].
- Middlesworth. M. 5 Manual Material Handling Tips for Safer Work Performance: (<https://ergo-plus.com/manual-material-handling-tips/>). Ergo Plus. [22-04-2024].
- Middlesworth. M. The Most Important Benefit of Maintaining a Neutral Posture: (<https://ergo-plus.com/the-most-important-benefit-of-maintaining-a-neutral-posture/>). Ergo Plus. [21-04-2024].
- Sajiyo. (2019). *Ergonomi Industri*. Malang: UB Press
- Zakarsyi M. H. F. (2023). Analisis Postur Kerja Pada Supir Truk PT. Zafana Mas Sakti Menggunakan Metode RULA Dan REBA. *Jurnal Taguchi*.
- Zatnika A. (2022). Analisis Risiko Ergonomi Terhadap Keluhan Muskuloskeletal Disorders (MSDs) Pada Pekerja Bank Mandiri Cabang Kelapa Gading Barat Jakarta Utara. *Dohara Publisher Open Access Journal*.